

ABSTRACT OF THE DISCLOSURE

In an image monitor apparatus for monitoring an image: a camera picks up an image; an emission control unit
5 controls at least one light emitting element; an image
signal acquiring unit performs analog-to-digital conversion
of the image picked up by the camera so as to generate a
digitized image signal, and stores the digitized image
signal; a luminance examining unit examines luminance of the
10 image represented by the digitized image signal, and
determines whether or not the amount of light detected and
stored in an image-pickup plane of the camera is
appropriate; and a luminance control unit controls at least
one of the camera and the luminance control unit so that the
15 amount of light stored in an image-pickup plane becomes
appropriate.